



THE LIME NETWORK

Leaders in Indigenous Medical Education

Indigenous Specialist Medical College Trainees in Australia and Aotearoa

Specialist Medical Colleges Workshop #4

On 1st and 2nd of December 2020 we held the fourth in our series of Specialist Medical Colleges Workshops. The workshop was facilitated by the LIME Secretariat and included guest presentations from Dr Talila Milroy, Professor Geoff McColl, Professor David Paul and video from presentations from Professor Gervase Cheney (University of Notre Dame, Fremantle) and Dr Nadine Caron ([TED TALK "Being the First"](#)).

Participants reflected on how Specialist Medical Colleges can support Indigenous trainees to be culturally safe:

- *... moving from understandings of race, colonisation and medicine ... to thinking about the trainee experiences ... and how important one is to the other*
- *...so that we can move toward cultural safe training experiences and successes*
- *Difference between cultural competency and cultural safety ... Closing the gap isn't all the goal,*
- *Better understanding of AMC standards ... how the accreditation process could be leveraged to improve the experience of Aboriginal and Torres Strait Islander trainees in our program*

The workshop was well-attended with representation from 15 of the 17 Specialist Medical Colleges. Participants included College CEOs, deans, directors of education, senior managers, training coordinators and education specialists. Most attended for the full two days.

The feedback from participants welcomed the online workshop experience:

- *Combination of information sessions followed by breakout session [allowed] conversation and consolidation.*
- *Breakouts allowed quick recollection, reflections and topical discussions.*
- *I loved the structure of the breakout sessions - the duration of the whole group presentations and frequency of the breakout discussions as well as the size of the breakout groups were fantastic ... This is definitely the best Zoom course I've been to!*

Participants found the workshop informative and effective:

- *for an informative and insightful experience. Lots to reflect on to consider opportunities for improvement.*
- *... this was excellent, positive, filled with hope and encouragement of us trying to improve*

In future participants would like

- *'training in speaking up' about racism in training and the workplace.*
- *more focus on effective and appropriate mechanisms to increase Indigenous recruitment and support once in training ... what works, what doesn't.*