



Video Teaching Clips from A Unique and Valued Profession Aboriginal and Torres Strait Islander Health Workers

Aboriginal and Torres Strait Islander Health Workers are critical to improving the health and wellbeing of their people. They bring unique cultural skills and play a vital role that spans clinical intervention, health promotion, and community outreach and liaison. These teaching clips have been taken from the “*A Unique and Valued Profession*” Multimedia Project, which was developed to showcase, inform and educate all health professionals on the role and function of Aboriginal and Torres Strait Islander Health Workers.

Warning: *Aboriginal and Torres Strait Islander viewers are warned that these videos may contain images and voices of people who have died.*

Suggestions on how to use the videos in your presentations

This USB contains eight video clips that can be incorporated into your teaching material; whether lectures, learning activities or set assignments. The videos are in QuickTime movie (or .mov) format and can be viewed directly, incorporated into a PowerPoint presentation, or have hyperlinks embedded into documents. The copyright to this material is owned by Health Workforce Australia, and allows for these clips to be used “*for study or training purposes*” – see below.

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Contact: Aboriginal and Torres Strait Islander Health Workforce section at Health Workforce Australia www.hwa.gov.au

How to play the videos

To access the video files in **Windows**, right click on the Start button at the bottom left of your screen, and select *Open Windows Explorer*.



Click on the Removable Disk. *Note* that the drive letter shown here is F: and may be different on your computer. You will then see the list of video files on the USB drive.

To access the files on a **Mac**, open Finder and select the removable drive in the lower left of the window.

If you're unable to play the video files because you don't have software on your machine that supports the .mov format, you can download a free video player from

Windows: <http://www.videolan.org/vlc/download-windows.html>

Mac: <http://www.videolan.org/vlc/download-macosx.html>

(If clicking the above link doesn't work try copying and pasting the link into your web browser.)

Click on Installer package, and follow the prompts to install the VLC video-player. These videos are .mov files in medium-resolution of 1024x576. Higher resolution videos are available to download from the www.rhef.com.au website.

Description of videos on this USB

1. The role of Aboriginal and Torres Strait Islander Health Workers

Aboriginal and Torres Strait Islander Health Workers have a wide and varied role across primary healthcare, in hospitals and within the community. In this clip we hear about the role and its importance in delivering culturally safe healthcare and improving the health outcomes of Australia's first peoples.

2. Training and getting started

In this clip we hear about the training involved in becoming an Aboriginal or Torres Strait Islander Health Worker; both in an academic setting and during supported hands-on training in practice.

3. Cultural brokerage

Core to the work of Aboriginal and Torres Strait Islander Health Workers is being a cultural broker; someone who helps people on both sides of a cultural difference connect with and understand the other. They also help each 'cross into' the other culture, whether a non-Indigenous healthcare professional engaging with an Aboriginal or Torres Strait Islander person, or an Aboriginal or Torres Strait Islander person being treated in a primarily non-Indigenous health facility such as a hospital.

4. Gathering medical, social, family and cultural information

This clip illustrates the ability of the Aboriginal and Torres Strait Islander Health Worker to gather not only physical and medical data, but also information that is more sensitive and harder to get. Often this is family, social or cultural information that is crucial to the person's holistic health and well-being.

5. Improving patient communication and understanding

It can be difficult for an Aboriginal or Torres Strait Islander person to communicate with non-Indigenous health professionals, whether due to a language barrier, cultural differences or lack of health literacy. This clip shows how Aboriginal and Torres Strait Islander Health Workers can improve patients' connection with and understanding of the health information and advice they are receiving, and just as importantly support them in asking relevant questions before or during consultations.

6. Health Workers front and centre in a primary healthcare clinic

At Wuchopperen Health Service in Cairns, Aboriginal and Torres Strait Islander Health Workers play a central role. In this clip we hear why they are so important, and how they support improved access to health services for the patients and community, and help patients at every stage.

7. Supporting patients during their hospital stay

For many Aboriginal and Torres Strait Islander people, having to go to hospital means leaving their family and community far behind and going into a strange and sometimes culturally unsafe environment. At a time when people can be at their most vulnerable, Aboriginal and Torres Strait Islander Health Workers provide vital support throughout their stay, and essential liaison with other hospital staff.

8. Connecting the community with health services & information

Aboriginal and Torres Strait Islander Health Workers play an important role in connecting their community with health services. They go into their community and engage them with health promotion, support ongoing management of chronic disease and create new opportunities for the community to discuss health issues and get health advice in a culturally safe and effective way. Nunga Lunch in Adelaide is a great example of this approach.

These clips, and the 'A Unique and Valued Profession' material, feature real patients, Aboriginal and Torres Strait Islander Health Workers and non-Indigenous Health Professionals, and the filming depicted real-life clinical situations and consultations. All of these people provided their written permission to be filmed and featured, as required by the Rural Health Education Foundation's policy.

Our thanks to all those patients, Aboriginal and Torres Strait Islander Health Workers and Practitioners and non-Indigenous Health Professionals who feature in these clips and the original programs

Our thanks also to the individuals and organisations who generously gave of their time and expertise to provide advice and support throughout the project

'A UNIQUE AND VALUED PROFESSION' PROJECT ADVISORY GROUP



VIDEO TEACHING CLIPS



THE LIMENETWORK
Leaders in Indigenous Medical Education

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