

# Cultural Safety in Practice

## Working Effectively in Aboriginal Health Care, Policy or Health Promotion

- What use are the social determinants of Indigenous health to a busy professional?
- What can 'shock-jocks' teach us about creating more-effective, culturally-safe ways of working?
- Why aren't health-promoting choices as available to Aboriginal-Australians as non-Aboriginal?
- Which way lies change?

### DATES

8th-10th February 2012, 9am to 4.30pm

### VENUES

Day 1 (Wednesday 8th February)  
at Tandanya National Aboriginal Cultural Institute,  
253 Grenfell Street Adelaide

Day 2 (Thursday 9th February) and Day 3 (Friday  
10th February) at Flinders University Victoria Square,  
182 Victoria Square, Adelaide

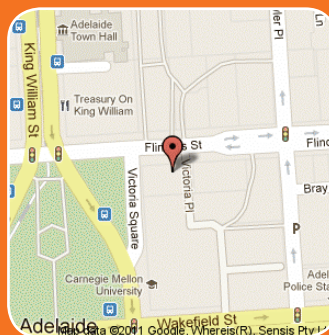
### COST

\$1,200 per person  
(group bookings apply and concessions may be  
negotiable for small non profit providers  
- for details, please call Di Autio on (08) 7221 8599)

### INFORMATION/BOOKINGS

Please contact Di Autio: [di.autio@flinders.edu.au](mailto:di.autio@flinders.edu.au),

### LOCATIONS



## WORKSHOP OUTLINE

This three-day workshop will assist you to work more effectively to improve Aboriginal health. It will benefit practitioners, service providers and policy makers across both health and non-health settings. Experienced Flinders University Aboriginal health educators will use interactive sessions to explore how the social determinants of Indigenous health actually play out in real lives, and in particular kinds of health outcomes. The workshop will move beyond a narrow focus on cultural awareness to introduce a more-integrated model of culturally-safe work and organisational practice. Aboriginal perspectives, experience and knowledge will be interwoven with best practice strategies developed by a nationally-respected team of Aboriginal health academics. This workshop will also equip you with ways to translate learning into practice - and into better health outcomes.

This workshop will:

- *Build participants' knowledge base of the contributors to Aboriginal poor health*
- *Examine strategies for culturally-safe service provision that engage, and successfully retain, Aboriginal patients or clients in treatment*
- *Give examples of successful approaches*
- *Enhance participants' ability to build sustained relationships with Aboriginal health organisations and communities*
- *Develop participants' capability to strengthen Aboriginal health, whether through service delivery, programmes or policy*



### DENNIS McDERMOTT

Professor Dennis McDermott is the Director of the Poche Centre for Indigenous Health and Well-Being, Adelaide, at Flinders University. Dennis is a Koori psychologist with over thirty years experience in community health and Indigenous mental health / social, spiritual and emotional well-being. He has a particular interest in training the Indigenous health workforce and connecting culture and context in service delivery, and has both taught extensively and published in these areas.

### DAVID SJOBERG

David Sjoberg is an Associate Lecturer in Indigenous Health at the Poche Centre for Indigenous Health and Well-being, Adelaide at Flinders University. David is an Anglo-Celtic Australian with roots from Sweden, Ireland, Scotland and England. He has a wealth of knowledge and lived experience working with Aboriginal communities in the Northern Territory, NSW and SA. Prior to his current position at Flinders he worked for 8 years for the Ngarrindjeri Land and Progress Association at Camp Coorong Race Relations and Cultural Education Centre on the Coorong in S.A. David has been trained by Ngarrindjeri Elders as a Race Relations and Cultural Educator. He takes a 'human rights' strengths based approach to Indigenous Health Education.



### PAULINE GUERIN

Pauline Guerin is an Associate Professor of Indigenous Health (acting) at the Poche Centre for Indigenous Health and Well-Being, Adelaide at Flinders University. Pauline has a professional background in Psychology and has taught a wide range of topics (such as health psychology, Indigenous health, physiological psychology, planning and evaluation in the human services, developmental psychology, sociology, and communication) and to very diverse student populations (health sciences, sport and exercise science, psychology, nursing, social work, and occupational therapy) and around the world (USA, New Zealand and Australia). Pauline supervises honours, masters and PhD level students and is currently involved in supervising a range of projects on topics including, mental health and social and emotional well-being and remote Aboriginal Australians, parenting and refugee mothers, smoking cessation and Aboriginal Australians, chronic illness and Aboriginal Australians and chronic illness and migrant and refugee populations.

### HEATHER BURTON

Heather Burton is a lecturer with Flinders University Rural Clinical School and lives and works in the Riverland. Heather has been involved with several projects and initiatives with the Aboriginal community in the Riverland region. These include including working with Poche Centre staff, DECS and local high schools to deliver the Jobs for Health program to encourage Aboriginal high school students to consider a career in health; and participating in a group of service providers who meet regularly to explore ways of improving Aboriginal health by linking people into services and social opportunities more effectively. Heather is undertaking a Doctorate in Public Health.



### BEVIN WILSON

Bevin Wilson, an Associate Lecturer with an extensive teaching background at the tertiary level, also has long experience of liaising and working with the health sector in the Southern Adelaide Metropolitan region. A Kurna/Ngarrindjeri man, he has also been a field researcher on an ARC Linkage Grant addressing systemic approaches to build workforce capacity. He is currently employed in the Poche Centre for Indigenous Health and Wellbeing with a focus on teaching and student support.

### NINA SIVERTSEN

Nina Sivertsen is a Sea-Sami from Northern Norway. A nurse, a novice researcher, a knowledge keeper and knowledge seeker spending life straddling the Indigenous and Academic worlds. Currently undertaking a Doctorate in Nursing and writing a historical biography about a travelling midwife from the Arctic Wilderness, anchored in qualitative research within an Indigenous paradigm, contributing to the growing literature of Indigenous research by Indigenous researchers in a global context.

